



STARTERS

SMOKED SALMON Pickled cucumber pearls, horseradish, sauce gribiche (280 Kcal)	£9.50
SEARED LOCAL SCALLOPS Grilled leaves, garlic and onion purée (279 Kcal)	£11
GRILLED TIGER PRAWNS Smoked chili jam, watercress salad (431 Kcal)	£10.50
SMOKED MUSHROOM PARFAIT Brioche, pickled mushroom, rockets and parmesan (496 Kcal)	£9
GRILLED ARTICHOKE HEARTS Spinach and cream cheese, coriander fregola (512 Kcal)	£7.95
CLASSIC CAESAR SALAD Grana Padano, anchovies, sourdough croutons (530 Kcal)	£8.50

GRAZE (FOR TWO)

BEALES FARM	£19
CHARCUTERIE BOARD Mixed pickles and chutneys, toasted sourdough (493 Kcal)	
BAKED CAMEMBERT	£17
Truffle sourdough, herb salad (543 Kcal)	

ROCK GARDEN	£21
TASTING PLATTER Ask your waiter for today's selection	



SNAP A PHOTO TO INSTAGRAM & TAG US @THEROCKGARDENSGY FOR A CHANCE TO WIN A MEAL FOR TWO!

FROM THE GRILL

ALL STEAKS ARE SERVED WITH TOMATO CHUTNEY, GRILLED MUSHROOM, PICKLED SHALLOTS AND CHEF'S PIE OF THE DAY

SIRLOIN STEAK 8oz (744 Kcal)	£29
FILLET STEAK 8oz (692 Kcal)	£35
RIB-EYE STEAK 10oz (999 Kcal)	£37
RIB-EYE STEAK 16oz (1325 Kcal)	£51
SIRLOIN STEAK 16oz (1225 Kcal)	£55
FILLET STEAK 14oz (1019 Kcal)	£62

TO SHARE
Cut of the day (please ask for details)

SAUCES	£3
Diane (101 Kcal), Peppercorn (61 Kcal), Béarnaise (394 Kcal), Café de Paris butter (287 Kcal), Blue cheese (203 Kcal), Bordelaise (42 Kcal), Chimichurri (49 Kcal)	

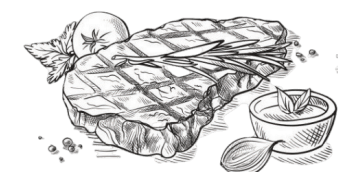
MAINS

CATCH OF THE DAY Grilled new potatoes, seasonal vegetables, Café de Paris sauce (513 Kcal)	£20
GRILLED CAULIFLOWER STEAK Couscous salad and chimichurri (772 Kcal)	£16.50
GRILLED SPICED HALLOUMI Red pepper and tomato lentils, sun blushed tomato and olive tapenade (417 Kcal)	£16.50
ESPETADA Choose from beef fillet, pork shoulder, or chorizo and prawn with Milo Frito, rice, fries, bolo de caco (1219 Kcal)	£25
PREGO SANDWICH Beef fillet, chorizo, smoked cheese, fried egg in a bolo de caco bun with fries and mixed leaf salad (1142 Kcal)	£18

A DISCRETIONARY SERVICE CHARGE OF 12.5% WILL BE ADDED TO YOUR BILL.
ALL OF OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, GLUTEN AND OTHER ALLERGENS ARE PRESENT AND OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS, IF MORE INFORMATION IS REQUIRED, PLEASE ASK A MEMBER OF OUR TEAM.

OUR STEAKS

WE PARTNER WITH AWARD-WINNING BUTCHER UDALE SPECIALITY FOODS TO BRING YOU TOP-QUALITY CUMBRIAN BEEF AGED WITH HIMALAYAN SALT, RESULTING IN IMPROVED TASTE AND TEXTURE. THE STATE-OF-THE-ART NATURAL REFRIGERATOR CONTAINING 4,800 SALT BLOCKS ENSURES THE MEAT IS AGED TO PERFECTION FOR 28-35 DAYS.



SIDES £4.50

KOFFMAN FRIES (614 Kcal)	
KOFFMAN HAND CUT CHIPS (432 Kcal)	
SWEET POTATO FRIES (373 Kcal)	
HOUSE SALAD (51 Kcal)	
BUTTERED BEANS AND SHALLOTS (74 Kcal)	
ONION RINGS (244 Kcal)	
MAC 'N' CHEESE (641 Kcal)	
GRILLED CORN WITH CAFÉ DE PARIS BUTTER (136 Kcal),	
GRILLED CABBAGE (111 Kcal)	
POUTINE (662 Kcal)	
FRENCH PEAS (190 Kcal)	
CHOUCROUTE (116 Kcal)	
Add Parmesan and truffle oil to any fries or chips (27 Kcal)	£2.50

DESSERTS

SUMMER BERRY PAVLOVA, Crème Chantilly, vanilla ice cream (535 Kcal)	£8
BISCOFF CHEESECAKE, Chocolate ice cream (796 Kcal)	£8
CHOCOLATE FONDANT, Vanilla ice cream (493 Kcal)	£8
SELECTION OF ICE CREAM AND SORBET, 3 scoops (199 Kcal)	£7
BAKED ALASKA to share (603 Kcal)	£15
ICE CREAM SUNDAE, please ask for today's ingredients	£7
SELECTION OF CHEESES, crackers, apple chutney and grapes (628 Kcal)	£10